

Kata Requirements For Belt Levels

The timeframes indicated are based on average learning times and having a minimum of 80% attendance. Adults are considered to be 16 years old and older. Juniors are considered to be 10 to 15 years old. Children are 5 to 9 years old.
Adults & Juniors have 1 ½ hour classes. Children have 1 hour classes.

WHITE BELT (6TH KYU)	KIHON KATA NUMBER 1 KIHON KATA NUMBER 2 KIHON KATA NUMBER 3 KIHON KATA NUMBER 4	WHITE TO YELLOW 4 - 5 MONTHS (ADULTS) 4 - 5 MONTHS (JUNIORS) 7 MONTHS (CHILDREN)
YELLOW BELT (5TH KYU)	KIHON KATA NUMBER 5 KIHON KATA NUMBER 6 KIHON KATA NUMBER 7 KIHON KATA NUMBER 8 PINAN NIDAN	YELLOW TO ORANGE 4 - 5 MONTHS (ADULTS) 6 - 7 MONTHS (JUNIORS) 11 MONTHS (CHILDREN)
ORANGE BELT (4TH KYU)	KIHON KATA NUMBER 9 KIHON KATA NUMBER 10 KIHON KATA NUMBER 11 KIHON KATA NUMBER 12 PINAN SHODAN	ORANGE TO GREEN 4 - 5 MONTHS (ADULTS) 8 - 9 MONTHS (JUNIORS) 11 MONTHS (CHILDREN)
GREEN BELT (3RD KYU)	KIHON KATA NUMBER 13 KIHON KATA NUMBER 14 KIHON KATA NUMBER 15 KIHON KATA NUMBER 16 PINAN SANDAN	GREEN TO BLUE 10 MONTHS (ADULTS) 10 MONTHS (JUNIORS) 15 MONTHS (CHILDREN)
BLUE BELT (2ND KYU)	KIHON KATA NUMBER 17 KIHON KATA NUMBER 18 KIHON KATA NUMBER 19 KIHON KATA NUMBER 20 PINAN YODAN	BLUE TO BROWN 10 MONTHS (ADULTS) 12 MONTHS (JUNIORS) 18 MONTHS (CHILDREN)
BROWN BELT (1ST KYU)	PINAN GODAN NAIFUNCHI SHODAN NAIFUNCHI NIDAN NAIFUNCHI SANDAN	BROWN TO SHODAN-HO 12 MONTHS (ADULTS) 18 MONTHS (JUNIORS, 10 YEARS OLD MINIMUM)

Kata Requirements For Belt Levels (cont'd)

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JUNIOR SHODAN-HO BELT	JIHON WANSHU A MINIMUM OF 40 HOURS OF INSTRUCTION	JUNIOR SHODAN-HO TO RED 24 MONTHS (12 YEARS OLD MINIMUM)
SHODAN-HO BELT	JIHON WANSHU A MINIMUM OF 40 HOURS OF INSTRUCTION	SHODAN-HO TO BLACK 12 MONTHS
JUNIOR SHODAN - RED BELT	JIHON WANSHU INTRO TO BAI SAI DAI INTRO TO KUSHANKU A MINIMUM OF 40 HOURS OF INSTRUCTION	JUNIOR SHODAN TO BLACK (16 YEARS OLD MINIMUM)
SHODAN BELT (1ST DAN)	BAI SAI DAI KUSHANKU A MINIMUM OF 80 HOURS OF INSTRUCTION	SHODAN TO NIDAN 2 TO 3 YEARS
NIDAN BELT (2ND DAN)	JIIIN JITTE A MINIMUM OF 120 HOURS OF INSTRUCTION	NIDAN TO SANDAN 3 TO 5 YEARS
SANDAN BELT (3RD DAN)	ROHAI A MINIMUM OF 160 HOURS OF INSTRUCTION	SANDAN TO YODAN 4 TO 7 YEARS
YODAN BELT (4TH DAN)	A MINIMUM OF 200 HOURS OF INSTRUCTION	YODAN TO GODAN 5 TO 9 YEARS